

**Foundation Stage (Reception)**

**PSHE AND SAFEGUARDING CURRICULUM**

**HEALTH AND WELLBEING**

**Developing Risk Management**

<b>Topic/Theme: Keeping Safe, People who help us</b>		
<b>Key Questions</b>	<b>Summary of Outcomes – children will learn about:</b>	<b>Resources</b>
<b>Who helps us? What are emergency services? How do the emergency services help to keep us safe? How do we keep ourselves safe? When is it safe or not safe to take medicine?</b>	<ul style="list-style-type: none"><li>• <b>Fire safety</b></li><li>• <b>Road safety</b></li><li>• <b>SunSmart</b></li><li>• <b>Safe use of medicines and other substances</b></li><li>• <b>Taking responsibility for themselves</b></li><li>• <b>Know what adults are responsible for</b></li></ul>	Drugs GHLL Drugs scheme of work Managing Self GHLL Protective Behaviours scheme of work Keeping safe <a href="http://www.glosfire.gov.uk/cd_res/site/teacher/ks1/index_t_ks1.htm">http://www.glosfire.gov.uk/cd_res/site/teacher/ks1/index_t_ks1.htm</a> <a href="http://think.direct.gov.uk/resource-centre/key-stage-1/how-to-behave-near-traffic">http://think.direct.gov.uk/resource-centre/key-stage-1/how-to-behave-near-traffic</a> <a href="http://sunsmart.org.uk/schools/schoolsresources/sunsmart-schools-resources">http://sunsmart.org.uk/schools/schoolsresources/sunsmart-schools-resources</a> <a href="http://skillzone.glosfire.gov.uk/teachers/">http://skillzone.glosfire.gov.uk/teachers/</a>

Understanding personal change and responsibility

<b>Topic/Theme: All About Me</b>		
<b>Key Questions</b>	<b>Summary of Outcomes – children will learn about:</b>	<b>Resources</b>
<p>Why am I special?                      Why should we brush our teeth?                      Why do we keep clean?                      what keeps me healthy/in balance?  <b>What are the correct names for body parts?</b>                      What can I do for myself?</p>	<p>Valuing their bodies and capabilities                      Knowing what makes each one of us unique and special                      Brushing teeth                      Hygiene                      Being aware of body needs e.g: water, sleep, exercise etc  <b>Introduce correct name for body parts</b></p>	<p>GHLL SRE scheme of work                      SEAL – Good to be me, going for Goals, New Beginnings, Changes</p>

## RELATIONSHIPS

Understanding the dynamics of healthy relationships

<b>Topic/Theme: Friends and Kindness</b>		
<b>Key Questions</b>	<b>Summary of Outcomes – children will learn about:</b>	<b>Resources</b>
<b>What makes me a good friend? What behaviour makes us feel happy/sad (including appropriate and inappropriate touch?) How do we show kindness to ourselves? How do we show kindness to others?</b>	<b>Protective behaviours (understanding what makes you and others feel happy or sad) Identifying kindness</b>	<b>Relationships SEAL – Relationships, Getting on and falling out, Say No to Bullying Anti-Bullying GHLL Equalities Scheme</b>

## LIVING IN THE WIDER WORLD

How media, commerce and social issues shape our understanding of the world

Topic/Theme: Internet Safety		
Key Questions	Summary of Outcomes – Children will learn about:	Resources
How do I stay safe online?	Games, applications, TV streaming Passwords/access codes, PINS Appropriate websites	Internet Safety <a href="http://www.kidsmart.org.uk/teachers/ks1">http://www.kidsmart.org.uk/teachers/ks1</a>